

Sleep Right Tonight

Stasia J. Wieber, MD will discuss Sleep Right Tonight on Monday, June 22nd at 6:30 p.m. in the Memorial Room at the Fairfield Public Library, 1080 Old Post Road, Fairfield.

Dr. Wieber MD received her medical degree from the State University of New York, Health Science Center at Brooklyn and completed her residency and postdoctoral training at Mount Sinai Medical Center. She is Board Certified in Internal Medicine, Pulmonary Disease, Critical Care Medicine, and Sleep Medicine. She previously served as Assistant Professor of Pulmonary Medicine and Director of the Comprehensive Center for Sleep Medicine at Mount Sinai Medical Center in New York. Dr. Wieber has authored and contributed to more than a dozen research articles published in leading medical journals but has also appeared on NBC's "The Today Show" discussing insomnia treatment options.

Dr. Wieber is in practice with Associates in Pulmonary and Sleep Medicine in Fairfield, she hopes to raise public awareness of sleep disorders and their link to other serious health problems, such as hypertension, diabetes, stroke and heart disease.

This information seminar is free and open to the public. Although not required reservations are welcome and can be made by calling 610-8745 or by e-mail at fcsc@primedllc.net.